



LifeNet-Network for Mutual Inspiration between Earth and Humanity

**Meditation of the Month May 20th 2017 – June 20th 2017 – Proposed by
Marko Pogačnik and LifeNet**

TO FACE THE SHADOW SIDE OF THE HUMAN CULTURE LOVINGLY

Just observe the strange egocentric personalities occupying key places in the political sphere of the human culture! There must be a cause for this phenomenon within the psyche of the modern human being.

One can perceive it as a neurotic movement in front of the chest. In effect it prevents the consciousness of the heart to perceive inspirations of love and wisdom flowing permanently from the divine sources of the Earth and the Universe. They stay blocked within the causal dimension at the back of the manifested reality. The result is a dead layer of energy forming between the matrix of the integral human being and its social and political behaviour. Sorry to say but it seems to be cancerous.

There is a new surprising possibility to transform this difficult situation, a gift of Gaia the Mother of life. Here is a proposal how to implement it:

- Imagine walking through the gate of your heart centre backward into your back space. Go that far to reach the essence (matrix) of the human being. See how it feels to be connected to the source of the humanness. Stay connected for a while.
- Then go even one step further backward into the causal space to connect to the source of love emanating from the heart of Gaia, the Mother of life. Stay there for a while to feel its divine quality.
- Then walk forward through the portal of your heart centre towards the front of your chest carrying with you the pattern of divine love that you have just experienced.
- Continue walking consciously through the neurotic layer that humanity has manifested in front of the heart. (In this sequence of the meditation a leap should be made from your individual sphere towards the sphere of the human race.)
- Observe how walking through the neurotic layer with Gaia's love embodied, that layer becomes transformed into a rosette of loving energy that does not know any barrier and shines like a sun upon all beings of your environment and of the Earth, no matter how far they got from their true essence.