

LifeNet-Network for Mutual Inspiration between Earth and Humanity

GaiaTouch exercise of the week November 5th – November 12th 2013 – Proposed by Marko Pogačnik and LifeNet

LIGHT CHANNEL FOR FUKUSHIMA

The situation in the Fukushima power plant may not be possible to resolve by the human knowledge and efforts only. We need to work globally on creating light channels so that advanced beings from the core of the Earth and the width of the universe can approach the place and anchor their helping input there. Humans as embodied beings are capable of creating portals for more subtle beings to approach the material world. At first we need to communicate which place that needs help. Gaia, our home planet and the universe are intelligent beings. GaiaTouch was created as a language to develop communication with that kind of beings that do not use human language. For the purpose of clarity we need to start by defining the place we have in mind; first as the planet Earth, secondly as the larger region of Japan and on third place Fukushima, the broken power plant.

- 1. Put your hands in front of your body in the upright position as the drawing shows. The distance between them is a bit larger than your body width. Imagine that with the left hand you touch the Atlantic Ocean and with the right the Pacific (or vice versa, as you wish). Then move your hands to the left respectively to the right so that their inner sides face each other. The left hand is now touching the North Pole and the right the South Pole of the Earth. Make the movement in a nice rounded way. All together it looks like creating a box in front of you. Feel the presence of our home planet within that "box". In geomantic knowledge it is called "holon" a rounded up energetic unit. The gesture ends in the same position as it has started.
- 2. Now do the same for the holon of Japan with its environment. Finally do it the third time again for the place where the broken Fokushima plant is located. You may know the place from some aerial photos. Each time you should start with the hands a bit more closely to each other to indicate that you are moving from grater unit (holon) to a smaller holon.



- 3. As next we need to create a channel that goes towards the core of the Earth to enable elemental beings of the Earth to approach and to offer their help. For this purpose you need to move with hands touching by their back sides towards the center of the Earth. Bow down to indicate your intention even more clearly. End with the reverse prayer gesture directed to the heart of Gaia.
- 4. Then bring the impulse up to the present moment in time and space. Getting up, the hands should stay for a while in horizontal position in front of your heart so that the middle fingers touch each other.



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- 5. After a short pause do the same gesture upwards towards the universe. This time the front sides of the hands are touching. End with the prayer gesture directed towards the universe.
- 6. Then bring the impulse down to the present moment in time and space. As before, the hands should stay for a while in horizontal position in front of your heart so that the middle fingers touch each other.
- 7. After a short pause open the hands to the left and to the right so that the message can go out.







It is good to repeat the gestures three times in succession and then take time to feel the emerging quality. If possible one should perform this body cosmogram few times a day. The proposal is that you find two or three other people worldwide who do the Gaia Touch Fukushima cycle. Share among your group experiences via e-mail, so that the noosphere of the Earth (consciousness sphere that all beings of the Earth share) gets better informed about the work we are doing for life.